



## III MEF Support Battalion Command Team's Suicide Prevention Policy Statement



Suicide causes are varied: disruption of family and individual relationships, environmental influences, high-risk behavior, medical conditions, or a combination of these. Suicide and suicidal behavior can take a tremendous toll on the Marines, Sailors, and civilians at all levels of the unit involved. Tragedy can be averted if leaders and peers are able to identify potential risk factors and take appropriate action. Early recognition, prevention, and intervention to assist at risk Marines, Sailors, and civilians is key to preventing suicide.

Preventing suicide is a challenge that requires engaged leaders at all levels. Do not hesitate to help someone who is struggling.

If you are experiencing depression or thoughts of suicide - do not hesitate to talk to someone. Do not keep a problem that is eating away at you to yourself.

### **Available resources include:**

Chaplain Jenkins DSN: (315) 623-4519, or Cell: 080-2699-3187

Veterans Crisis Line / Suicide & Crisis Lifeline: 988 (from a DSN line), or +1-800-273-8255

Suicide Prevention Program Officer 1stLt Garnica DSN: 315-623-2644

Sergeant Major and I are committed to ensure every Marine, Sailor, and civilian is supported, and we ask for your commitment to assist in this effort. You must know your personnel! Vigilance is critical to early detection of those at risk for suicide. **Observe, listen, empathize, and act!** We charge everyone to remove the stigma attached to seeking behavioral and mental health assistance. We need every single Marine, Sailor, and civilian to accomplish the mission.

Remember to be proud of who you are, what you are capable of, and what you represent.

**Semper Fidelis,**

**Kieran O'Neil**  
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Commanding Officer  
III MEF Support Battalion

**Roberto A. Sim**  
Sergeant Major, U.S. Marine Corps  
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III MEF Support Battalion